

# The Benefice of Chew Valley East

## Morning Prayer for Sunday 10 October 2021, the Nineteenth after Trinity

*If you wish to join in the service, then the words in **bold** are to be said together. Please join in with the Psalms and Canticles – either by reciting each one in its entirety, or in response to the worship leader by reciting the even numbered verses.*

### Preparation

O Lord, open our lips  
**and our mouth shall proclaim your praise.**

Blessed are you, creator of all,  
to you be praise and glory for ever.  
As your dawn renews the face of the earth  
bringing light and life to all creation,  
may we rejoice in this day you have made;  
as we wake refreshed from the depths of sleep,  
open our eyes to behold your presence  
and strengthen our hands to do your will,  
that the world may rejoice and give you praise.  
Blessed be God, Father, Son and Holy Spirit.  
**Blessed be God for ever.**

*after Lancelot Andrewes (1626)*

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**Amen.**

## The Word of God

### Psalm 22:1-15

<sup>1</sup>My God, my God, why have you forsaken me, ♦  
and are so far from my salvation,  
from the words of my distress?

<sup>2</sup>O my God, I cry in the daytime,  
but you do not answer; ♦  
and by night also, but I find no rest.

<sup>3</sup>Yet you are the Holy One, ♦  
enthroned upon the praises of Israel.

<sup>4</sup>Our forebears trusted in you; ♦  
they trusted, and you delivered them.

<sup>5</sup>They cried out to you and were delivered; ♦  
they put their trust in you and were not confounded.

<sup>6</sup>But as for me, I am a worm and no man, ♦  
scorned by all and despised by the people.

<sup>7</sup>All who see me laugh me to scorn; ♦  
they curl their lips and wag their heads, saying,

<sup>8</sup>‘He trusted in the Lord; let him deliver him; ♦  
let him deliver him, if he delights in him.’

<sup>9</sup>But it is you that took me out of the womb ♦  
and laid me safe upon my mother’s breast.

<sup>10</sup>On you was I cast ever since I was born; ♦  
you are my God even from my mother’s womb.

<sup>11</sup>Be not far from me, for trouble is near at hand ♦  
and there is none to help.

<sup>12</sup>Mighty oxen come around me; ♦  
fat bulls of Bashan close me in on every side.

<sup>13</sup>They gape upon me with their mouths, ♦  
as it were a ramping and a roaring lion.

<sup>14</sup>I am poured out like water;  
all my bones are out of joint; ♦  
my heart has become like wax  
melting in the depths of my body.

<sup>15</sup>My mouth is dried up like a potsherd;  
my tongue cleaves to my gums; ♦  
you have laid me in the dust of death.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

### **First Reading: Hebrews 4:12-16**

<sup>12</sup>The word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. <sup>13</sup>And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account.

<sup>14</sup>Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. <sup>15</sup>For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. <sup>16</sup>Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

### **Canticle**

**Splendour and majesty are yours, O God;  
you are exalted as head over all.**

<sup>1</sup>Blessed are you, God of Israel, for ever and ever, ♦  
for yours is the greatness, the power,  
the glory, the splendour and the majesty.

<sup>2</sup>Everything in heaven and on earth is yours; ♦  
yours is the kingdom, O Lord,  
and you are exalted as head over all.

<sup>3</sup>Riches and honour come from you ♦  
and you rule over all.

<sup>4</sup>In your hand are power and might; ♦  
yours it is to give power and strength to all.

<sup>5</sup>And now we give you thanks, our God, ♦  
and praise your glorious name.

<sup>6</sup>For all things come from you, ♦  
and of your own have we given you.

*1 Chronicles 29.10b-13, 14b*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**Splendour and majesty are yours, O God;  
you are exalted as head over all.**

### **Second Reading: Mark 10:17-31**

<sup>17</sup>As Jesus was setting out on a journey, a man ran up and knelt before him, and asked him, ‘Good Teacher, what must I do to inherit eternal life?’ <sup>18</sup>Jesus said to him, ‘Why do you call me good? No one is good but God alone. <sup>19</sup>You know the commandments: “You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honour your father and mother.”’ <sup>20</sup>He said to Jesus, ‘Teacher, I have kept all these since my youth.’ <sup>21</sup>Jesus, looking at him, loved him and said, ‘You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me.’ <sup>22</sup>When he heard this, he was shocked and went away grieving, for he had many possessions.

<sup>23</sup>Then Jesus looked around and said to his disciples, ‘How hard it will be for those who have wealth to enter the kingdom of God!’ <sup>24</sup>And the disciples were perplexed at these words. But Jesus said to them again, ‘Children, how hard it is to enter the kingdom of God! <sup>25</sup>It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.’ <sup>26</sup>They were greatly astounded and said to one another, ‘Then who can be saved?’ <sup>27</sup>Jesus looked at them and said, ‘For mortals it is impossible, but not for God; for God all things are possible.’

<sup>28</sup>Peter began to say to him, ‘Look, we have left everything and followed you.’

<sup>29</sup>Jesus said, ‘Truly I tell you there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, <sup>30</sup>who will not receive a hundredfold now in this age – houses,

brothers and sisters, mothers and children, and fields – but with persecutions – and in the age to come eternal life. <sup>31</sup>But many who are first will be last, and the last will be first.’

## **Responsory**

Awake, O sleeper, and arise from the dead

**And Christ shall give you light.**

You have died and your life is hid with Christ in God.

**Awake, O sleeper, and arise from the dead.**

Set your minds on things that are above,  
not on things that are on the earth.

**And Christ shall give you light.**

When Christ our life appears you will appear with him in glory.

**Awake, O sleeper, and arise from the dead,  
and Christ shall give you light.**

*from Colossians 3*

## **Gospel Cantic: Benedictus**

**You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

<sup>1</sup>Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.

<sup>2</sup>He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.

<sup>3</sup>Through his holy prophets God promised of old ♦  
to save us from our enemies, from the hands of all that hate us,

<sup>4</sup>To show mercy to our ancestors, ♦  
and to remember his holy covenant.

<sup>5</sup>This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,

<sup>6</sup>Free to worship him without fear, ♦  
holy and righteous in his sight  
all the days of our life.

<sup>7</sup>And you, child, shall be called the prophet of the Most High, ♦  
for you will go before the Lord to prepare his way,

<sup>8</sup>To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.

<sup>9</sup>In the tender compassion of our God ♦  
the dawn from on high shall break upon us,

<sup>10</sup>To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace. *Luke 1.68-79*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

### **Intercessions**

United in the company of all the faithful  
and looking for the coming of the kingdom,  
let us offer our prayers to God,  
the source of all life and holiness.

Merciful Lord,  
strengthen all Christian people by your Holy Spirit,  
that we may live as a royal priesthood and a holy nation  
to the praise of Jesus Christ our Saviour.

**Lord, have mercy.**

Bless Ruth our bishop, and all ministers of your Church,  
that by faithful proclamation of your word  
we may be built on the foundation of the apostles  
and prophets  
into a holy temple in the Lord.

**Lord, have mercy.**

Empower us by the gift of your holy and life-giving Spirit,  
that we may be transformed into the likeness of Christ  
from glory to glory.

**Lord, have mercy.**

Give to the world and its peoples  
the peace that comes from above,  
that they may find Christ's way of freedom and life.

**Lord, have mercy.**

Hold in your embrace all who witness to your love in the  
service of the poor and needy;  
all those who minister to the sick and dying;  
and all who bring light to those in darkness.

**Lord, have mercy.**

Touch and heal all those whose lives are scarred by sin  
or disfigured by pain,  
that, raised from death to life in Christ,  
their sorrow may be turned to eternal joy.

**Lord, have mercy.**

Remember in your mercy all those gone before us,  
who have been well-pleasing to you from eternity;  
preserve in your faith your servants on earth,  
guide us to your kingdom,  
and grant us your peace at all times.

**Lord, have mercy.**

Hasten the day when many will come  
from east and west, from north and south,  
and sit at table in your kingdom.

**Lord, have mercy.**

We give you thanks  
for the whole company of your saints in glory,  
with whom in fellowship we join our prayers and praises;  
by your grace may we, like them,  
be made perfect in your love.

**Blessing and glory and wisdom,  
thanksgiving and honour and power,  
be to our God for ever and ever.**

**Amen.**

## **Collect**

O God, forasmuch as without you  
we are not able to please you;  
mercifully grant that your Holy Spirit  
may in all things direct and rule our hearts;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

## **Lord's Prayer**

As our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Lead us not into temptation  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours  
now and for ever.**

**Amen.**

## **Conclusion**

The Lord bless us, and preserve us from all evil,  
and keep us in eternal life. **Amen.**

Let us bless the Lord.     **Thanks be to God.**

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